

CERTIFICATE

OF PARTICIPATION

This is to certify that

Shaun Bennie

Has successfully participated & completed the

8km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:19:49

PACE 09:57/km

OVERALL 61 of 166

GENDER 42 of 78

OPEN 25 of 40

23 June 2019, Sun

Date



BoutTime